


save **Don't Waste Food**

**343 lbs** CO<sub>2</sub>!

**Fact:** Did you know that every day Americans waste about 1 plateful of food? It takes me hours to find my dinner. I could never throw any away!

**Act:** Only take what you can eat! By being careful to put only the food you will eat on your plate, *you can make much less waste.*

Your friend,  
**Koda**



**Don't Waste Food**

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

I pledge to not waste food

Please help us by filling in a family email address so that we can track your success!

Parent email: \_\_\_\_\_

**COOL the earth**

